

West Kentucky Community & Technical College

Self-Defense *for Women*

January 28, 2012

Emerging Technology Center, Room 140

9:00 a.m.-4:00 p.m.

\$54.95 for one individual

John M. Driskill, founder and president of Driskill Tactical Training, created the company to provide training opportunities for police officers, security officers, and civilians. During this program woman will learn defensive techniques and enhance their skills to defend themselves, their facilities, or their homes.

Defensive Techniques:

- Pressure point control
- Passive release and escapes
- Defensive counterstrikes
- Disarming
- Escape from choke
- Escape from headlock
- Escape from rear grab
- Defense from ground position

Call (270) 534-3335

or register online at:

<http://ws.kctcs.edu/westkentucky/course/course.aspx?C=428&pc=1&mc=&sc=>

Registered today! Space is limited.

If a student has physical limitations all techniques may not be taught to each individual.

**NATION'S
TOP 5
COMMUNITY COLLEGE**



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WKCTC is an equal opportunity employer and educational institution.

KENTUCKY COMMUNITY & TECHNICAL COLLEGE SYSTEM