

LUNCH PALS ARE IMPORTANT!

A positive influence lasts a lifetime. The Morgan Family Resource Center Lunch Pals program wants to provide just that for our students. Positive role models benefit children in so many ways: they are more likely to be well-adjusted, have good self-esteem, do better in school and develop good relationships later in life. Keep these things in mind about your relationship with your Lunch Pal.

GIVE A LISTENING EAR

Many children do not have anyone who really listens to them. Take time and listen to their ideas and problems. Letting them know their thoughts and opinions are important goes a long way in boosting self-worth.

SPEND TIME WITH YOUR LUNCH PAL

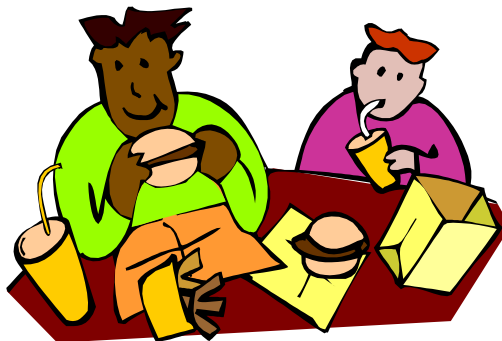
Sharing a meal is a great way to bond with children. As a Lunch Pal, we ask that you try to be consistent in visiting, at least once or twice a month.

BE A ROLE MODEL & TEACHER

Your Lunch Pal will look up to you. Show and teach him/her how, with your actions, to: treat others with respect; handle anger, keep healthy and to always do their best.

SHARE EXPERIENCES

Tell them about your family and children. Talk about the types of things you do at work. Make sure subjects are appropriate and not too complicated for the age of your Lunch Pal. Talking about yourself may help a shy child open up about themselves.



An article in the May 2006 edition of Instructor Magazine said,
"*...new research from University of Arkansas shows that a volunteer lunchtime mentor can help a child get back on track. When children met for weekly lunches with a 'lunch buddy', teachers reported more smiles and better behavior.*"

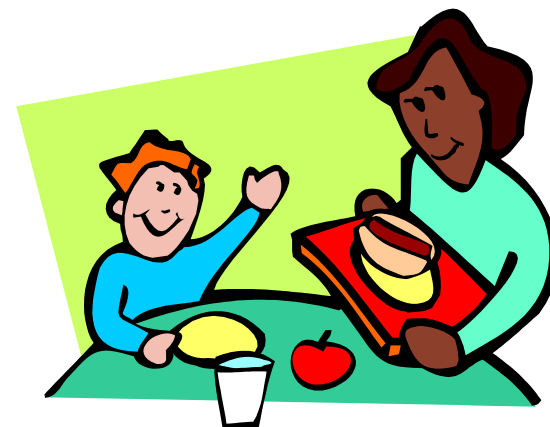
Morgan Elementary
Family Resource Center

2200 South 28th Street
Paducah, KY 42003
Phone: 270-444-5760 ext. 5767 or 2263
Fax: 270-444-5763

Morgan Elementary
Family Resource Center

LUNCH PAL PROGRAM

Serving Morgan Elementary
School
Students & Families



HOW DO I BECOME A LUNCH PAL?

- Complete the application form - return to Morgan Family Resource Center at the school, 2200 South 28th Street.
- All volunteers in Paducah Independent Schools are required by law to submit to a background check. This is the reason we need your birth date and Social Security number. Morgan Family Resource Center will send in the form and once clearance is received, you will be assigned a Lunch Pal and your Social Security number is shredded.
- For the first initial contact, Morgan FRC personnel or school staff will introduce you to your student and his/her teacher.
- Adult lunches at Morgan School cost \$2.30. A small price to pay for the smiling face of a child! Contact Morgan FRC at 444-5760 extension 5767 or 2263 to volunteer today!



LUNCH PAL PROGRAM MORGAN ELEMENTARY SCHOOL APPLICATION FORM

NAME: _____

PLACE OF EMPLOYMENT: _____

HOME ADDRESS: _____

EMAIL: _____

PHONE: _____

FOR BACKGROUND CHECK REASONS, WE MUST ASK FOR:

SOCIAL SECURITY #:: _____

BIRTH DATE: _____

DO YOU PREFER:

Boy Girl

Grade _____

Best time for lunch? _____

ANY SPECIAL INTERESTS: _____

Please return to:

* Morgan Elementary Family Resource Center * 2200 South 28th Street * Paducah, KY 42003

* Fax: 270-444-5763 (call us before faxing!)

* Email donta.tyler@paducah.kyschools.us or adena.lewis2@paducah.kyschools.us